



Ayurvedic Medicine

# **WOMEN'S HEALTH**





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**Irregular menstrual cycle**



**Lower back pain**



**Hormonal imbalances**

## Femohills Soft Gelatin Capsule

30 Capsules  
SKU No.: FM408

900 Capsules  
SKU No.: FM044



## Femohills Syrup

500ml  
SKU No.: 1J0872



## Shatavari Kalp

300gm  
SKU No.: P1859



## Her Balance

60 Capsules  
SKU No.: C9534



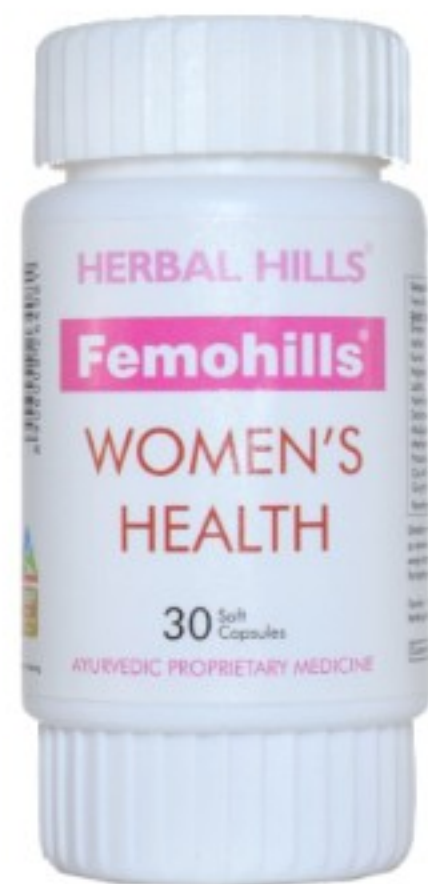
700 Capsules  
SKU No.: C2985





## Femohills Soft Gelatin Capsule

30 Capsules  
SKU No.: FM408



900 Capsules  
SKU No.: FM044



### Composition :

Each Soft Gelatin Capsule contains Femohills Ghruta 500 mg which consists of :

#### Quath Dravya of

Shatavari	(Asparagus racemosus)	38.45 mg
Ashoka	(Saraca indica)	76.90 mg
Kumari	(Aloe barbadensis)	38.45 mg
Nagkeshar	(Messua ferrea)	38.45 mg
Lodhra	(Symplocos racemosus)	115.40 mg
Yashthimadhu	(Glycyrrhiza glabra)	38.45 mg
Dashmoola	(Generic preparation)	76.90 mg
Mudgaparnee	(Phaseolus trilobus)	38.45 mg
Mashparnee	(Teramnus labialis)	38.45 mg

Processed by the method of SIDDHA GHRUTA in  
Cow Milk  
Go-ghruta

Permitted colours used in capsule shell

500 mg  
500 mg

### Benefits:

- Natural Women's Care Formula
- Helps to improve daily energy
- May Help in maintaining Hormonal Balance
- May help in relieving Menstrual pain and discomfort

**Dosage:** Take 2 soft gel capsules daily in the morning or as recommended by the physician. It should ideally be taken on empty stomach before meals. For better results it should be taken with warm water.



## Femohills Syrup

500ml

SKU No.: 1J0872



### Composition :

#### Each 15 ml dose of Femohills Syrup contains

Ashoka Powder	( <i>Saraca asoca</i> )	225mg
Shatavari Powder	( <i>Asparagus racemosus</i> )	67.5mg
Lodhra Powder	( <i>Symplocos racemosa</i> )	52.5mg
Guduchi Powder	( <i>Tinospora cordifolia</i> )	225mg
Triphala Powder	( <i>Generic preparation</i> )	180mg
Sunthee Powder	( <i>Zingiber officinale</i> )	67.5mg
Fennel Seed Powder	( <i>Foeniculum vulgare</i> )	82.5mg
Yashtimadhu Powder	( <i>Glycyrrhiza glabra</i> )	75mg
Amla Powder	( <i>Emblica officinalis</i> )	75mg
Garcinia Powder	( <i>Garcinia cambogia</i> )	37.5mg

**Dosage:** Take 15ml twice daily - before breakfast & before dinner.

### Benefits:

- Natural Women's Care Formula
- May Help to Maintain Menstrual Health
- May improve Energy Levels
- Helps to Improve Skin and Hair Health

# Shatavari Kalp

300gm

SKU No.: P1859



## Composition :

Each 10 gm Powder Contain		
Shatavari powder	( Asparagus racemosus )	3 gm
Elaichi powder	( Elettaria cardamomum )	0.05 gm
Sarkara	( Sucrose )	qs
Excipient		qs

**Dosage :** 5-10 gms ( Approximately 1 to 2 teaspoonful )  
twice a daily with milk or water or as advised by Physician.

## Benefits:

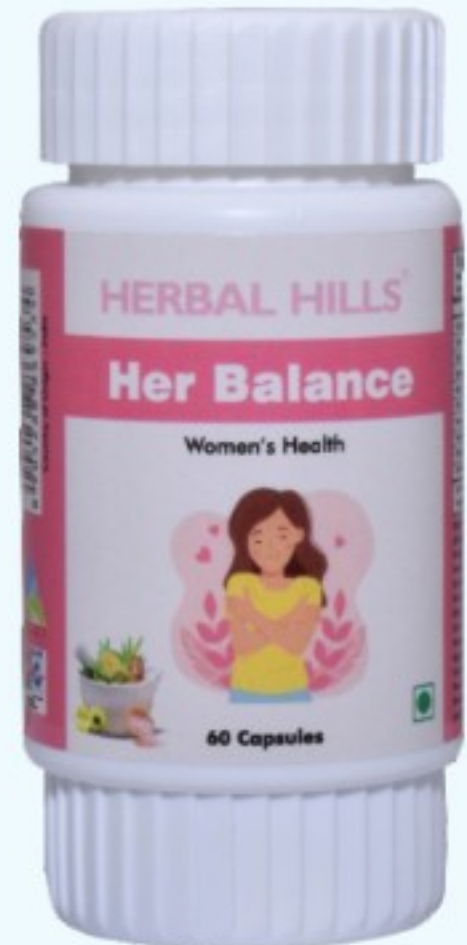
- Supports in maintaining of overall health in women
- Beneficial Formula for Lactating Mother
- Helps to Reduce Stress
- Improves Overall Immune Health



## Her Balance

60 Capsules

SKU No.: C9534



700 Capsules

SKU No.: C2985



Supplement Facts		
Serving Size 1 Capsule Serving Per Container 30		
	Amount Per Serving	% DV*
Calories	1.417Kcal	
Calories from Fat	0.09Kcal	
Total Fat	0.01g	0.01%
Saturated fat	0g	0
MUFA	0.53g	0.81%
PUFA	0g	0
Protein	0.02g	0.04%
Total Sugar	0.06g	+
Dietary fiber	0g	0
Carbohydrates	0.3g	0.10%
Vitamin A	1125IU	+
Vitamin C	0.27mg	0.45%
Vitamin B3	0.08mg	0.04%
Vitamin B6	0.01mg	0.5%
Folic Acid	2.25mcg	0.56%
Inositol	0.45mg	+
Calcium	0.54mg	0.05%
Magnesium	0.13mg	3.25%
Iron	0.01mg	0.05%
Chromium	0.2mcg	0.40%

% DV\* are based on a 2000 Calorie diet.  
† Daily Values not established

### Ingredients:

Ashwagandha Powder, Ashoka Powder, Shatavari Powder, Lodhra Powder, Manjistha Powder, Punarnava Powder, Aloe vera Powder, Gokshur Powder, Garcinia Powder, Psyllium Husk, Mulethi Powder, Himalayan Pink salt, Pomegranate Powder, Red Raspberry Powder, Amla Powder

Fennel seed Powder, Tamarind Powder, Beetroot Powder, Carrot Powder, Ginger Powder, Renuka beej Powder.

**Dosage:** Take 1 Capsule twice daily preferably after meals or as recommended by the physician. For better results it should be taken with warm water.

### Benefits:

- May Help in maintaining Hormonal Balance
- May improve Energy levels
- May Help to Regulate Menstrual Health
- Helps to enhance Skin Health and Radiance



## Femohills Effervescent Tablet

15 Tablet

SKU No.: T4439



### Composition :

#### Each 2262.5mg Tablet Contains

Shatavari extract	(Asparagus racemosus)	250 mg
Ashwaghandha extract	(Withania somnifera)	250 mg
Kumari powder	(Aloe barbadensis)	62.50 mg
Nutmeg/jatiphala powder	(Myristica fragrans)	25 mg
Ashoka powder	(Saraca asoca)	1187.5 mg
Gokshur powder	(Tribulus terrestris)	50 mg
Methiseed powder	(Trigonella foenum graecum)	125 mg
Vidarikhand powder	(Pueraria tuberosa)	125 mg
Safed musli powder	(Chlorophytum borivilianum)	187.50 mg
Excipient		qs

**Directions for Use :** Drop one tablet in 200ml of water. Wait till the tablet dissolves completely. Enjoy the healthy drink

### Benefits:

- Easy to Consume - Ayurvedic Women's Health Formula
- Helps you to feel more energized throughout the day by reducing weakness
- May help in hormonal balance by nourishing your body with essential nutrients
- Made with time-tested Ayurvedic herbs that nourish your skin, hair, and overall well-being